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Professional Experience: *Academia*

Kansas City University (KCU)	2015 – Present
College of Osteopathic Medicine (COM) Kansas City, MO	
Department of Curriculum and Integrated Learning	
Director of COM Student Success	2021 – Present
Phase II Director- Kansas City	2015 – 2021
Department of Primary Care	
Associate Professor of Internal Medicine	2021 – Present
Assistant Professor of Internal Medicine	2015 – 2021
KCU Student Clinic Faculty Volunteer KC CARE Clinic	2015 – Present
Health Partnership Clinic – FQHC Olathe, Kansas	2015 – 2016

Professional Experience: *Consultant*

Osmosis Faculty Reviewer	Osmosis.org Remote	2021 – Present
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Professional Experience: *Clinician*

Full-time Board Certified Ambulatory Internal Medicine Physician	2012 – 2015
Saint Luke's Health System- Barry Road Internal Medicine Kansas City, MO	

Education: *Graduate Medical Education (GME)*

Genesys Regional Medical Center Grand Blanc, Michigan	2009 – 2012
Internship/Residency: Internal Medicine	
Chief Resident	2010 – 2012

Education: *Undergraduate Medical Education (UME)*

Doctor of Osteopathic Medicine	Kansas City University Kansas City, MO	2005 – 2009
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Education: *Undergraduate Education*

Bachelor of Arts	University of Kansas, Human Biology Lawrence, Kansas	2000 – 2005
	Highland Community College Kansas; Remote	1998 – 2000
	Rossville High School Rossville, Kansas	1996 – 2000

Licensure and Certification

Board Certified	American Osteopathic Board of Internal Medicine	2013 – 2023
Kansas Medical License (Active)		2015 – Present
Missouri Medical License (Active)		2012 – Present
Michigan Medical License (Active)		2011 – Present
Missouri Federal DEA (Active)		2015 – Present
Missouri BNDD (Active)		
Basic Life Support Provider (Active)		2009 – Present
Kansas Federal DEA		2009 – 2020
(Inactive, transferred from MI, to MO, then to KS)		
Michigan Temporary Training Medical License (Inactive)		2009 – 2012
Advanced Cardiac Life Support		2009 – 2013
NIH Stroke Scale Certification		2011 – 2012

Honors and Awards

Advocate for Academic Excellence	KCU-COM Kansas City, MO	2019
• Awarded by COM 2019 Psi Sigma Alpha		
The Gold Humanism Honor Society	KCU-COM Kansas City, MO	2018
○ KCU Chapter- Faculty induction. Nominated and selected by KCU-COM 2019		

Professional Societies

American Osteopathic Association (AOA)	2009 – Present
American College of Osteopathic Internists (ACOI)	2009 – Present
• Convocation of Fellowship (FACOI)	2015
Kansas Association of Osteopathic Medicine (KAOM)	2015 – Present
Missouri Association of Osteopathic Physicians and Surgeons (MAOPS)	2015 – Present
• Kansas City Regional Osteopathic Medical Association (KCROMA)	
American Association of Colleges of Osteopathic Medicine (AACOM)	2015 – Present
Michigan Osteopathic Association (MOA)	2009 – 2012

Administrative: *Leadership Positions*

Director of COM Student Success (DoCSS)	KCU-COM KC/Joplin, MO	2021
Phase II Director – KC	KCU-COM Kansas City, MO	2018 – 2021
Phase II Director	KCU-COM Kansas City, MO	2016 – 2018
Co-Course Director:		
• FMED 350: Clinical Skills Assessment	KCU-COM Remote (OMSIII)	2021
• MED 224: Gastroenterology II	KCU-COM KC/Joplin, MO	2018
○ First cohort of second year students in Joplin		
○ Shared CD responsibilities with Joplin Faculty Member		
Course Director: OMSII Students		
• MED 231: Principles of Clinical Medicine IV	KCU-COM Kansas City, MO	2018
• MED 218: Endocrine & Reproductive Medicine II	KCU-COM Kansas City, MO	2018
• MED 224: Gastroenterology II	KCU-COM Kansas City, MO	2015 – 2017
• MED 222: Musculoskeletal II	KCU-COM Kansas City, MO	2017
• MED 230: PCM III	KCU-COM Kansas City, MO	2017
Project Manager:	KCU-COM KC/Joplin, MO	2020
• Integration of clinical (Principles of Clinical Medicine-PCM) and Osteopathic Skills (OS) courses into Essentials of Clinical and Osteopathic Skills (ECOS) for years 1 and 2		
• Phase 1: ECOS I and II Faculty Retreat Organizer and Facilitator		
Responsibilities:		2016 – 2021
• Organize MOCK COMLEX for OMSII Students		
• Course Director (CD) Communication Meetings		
• Pre-Course/Post-Course Meetings with CDs and Faculty		
• Learning Objective Review Meetings		
• Multiple Choice Assessment Item Review Meetings		

Administrative: *Presentations*

Student Success

- OMSI and OMSII Orientation 2021
- Board Preparation and Resources Presentations 2021

Curriculum overview [Phase II Director]

- Board Preparation and Resources Presentations 2016 – 2020
 - Medical student candidate interview days 2020
 - Accept Day 2016 – 2021
 - OMSI Orientation 2016 – 2021
 - 2017 Joplin Inaugural Class began
 - OMSII Orientation 2016 – 2021
 - 2018 Joplin Inaugural Class began
 - KCU Undergraduate Advisor Day (Joplin, MO) 2017
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Leadership and Academic Development

KCU Leadership Academy- Cohort 1	2019 – 2020
Institute for Learning Advancement KCU: COM Weekly Faculty Development	2017 – 2020
AAL: Navigating the New Stresses of Remote Leadership with Self-Care and Resilience	2020
The Costin Institute for Osteopathic Medicine Education Downer's Grove, IL	2017 – 2018
• Scholar, Cohort 14 (CS)	
Academic Leadership: Executive Dean's Retreat	2018
IAMSE Webinar Series Training	2017
The Academy for Advancing Leadership (AAL) COMPASS Training	2015
National Board of Osteopathic Medical Examiners	
• Item Writing 101	2017
• Item Writing 201	2020

Service: *Leadership Positions*

Kansas City Regional Osteopathic Medical Association (KCROMA)	2018 – Present
Board of Governors	
Vice President	2019 – Present
At Large	2018

Service: Faculty: College of Osteopathic Medicine

Mentor	KCU-COM Kansas City → KC/Joplin, MO	
• Junior Faculty		2020
• National Women Physician Day		2019 – Present
○ Initiated movement towards getting both campus locations to celebrate and support Women Physicians, by joining in and taking a group photo.		
• OMSIII Student: IM Honors Track	KCU-COM Kansas City, MO	2016 – Present

Advisor	KCU-COM Kansas City → KC/Joplin, MO	
• Level/Step 1 Preparation Advisor: OMSII transitioning to OMSIII		2016 – Present
• Personal Statement and CV Review [OMSIII and OMSIV]		2016 – Present
• Letters of Recommendation		2016 – Present
• Medical Student Performance Evaluation		2021 – Present
○ Letter Co-writer and Application Advisor		
• Medical Student Performance Evaluation		2016 – 2020
○ Letter Co-writer and Application Advisor		
• Match Day Advisor/Coach: OMSIV		2016 – 2020
○ AOA Match and Scramble Week		
○ NRMP Match Day/SOAP Week Coach		
• Match Day Advisor/Coach: OMSIV		2021 – Present
○ NRMP Match Day/SOAP Week Coach		
• Medical Student Faculty Advisor	KCU-COM Kansas City, MO	2015 – 2021
○ 10-15 students per year [COM 2019, 2020, 2021]		
• Students for Life interest group	KCU-COM Kansas City, MO	2019
• OB/GYN Club Faculty Advisor	KCU-COM Kansas City, MO	2015 – 2016
• KCU- KC Chapter Advisor: The Gold Humanism Honor Society		2020 – Present
• Internal Medicine Letters of Support		2020
○ OMSIV Students applying to IM Residency: Department of Primary Care		

Moderator	KCU-COM Kansas City, MO	
• OMSI Grand Rounds		2015 – 2018
• CME- Session Moderator		2015
• “How a DO Saved My Life.” Special Presentation by Vance Johnson KC, MO		2018

Speaker	KCU-COM Kansas City → KC/Joplin, MO	
• Covid-19, Boards, & Grit Remote Physician Panel Discussion (Virtual)		2020
○ Presented by KCU Psychologist Dr. Dugan for all KCU students		
• Women in Medicine Physician Panel		2016 – 2020
○ KCU Women in Medicine Club		
• McGowan, Jozi, DO. “What is a DO?” KCU-KC Accepted Student Day Presentation		
Day Kansas City, MO.		2018
• KCU #MeToo and Sexual Harassment Panel		2018
○ KCU Medical Students for Choice sponsored this faculty panel topic discussion		

- Emotional Intelligence Series- Hello From The Other Side: Words of Wisdom From Physicians That Have Gone Before You.” KCU Student Lunch and Learn Session for Students and Psychology staff. 2017
- Pain Management in Primary Care Discussion Panel KCU-COM | KC, MO 2017

Facilitator

- Resiliency Small Group Training KCU-COM | KC/Joplin, MO 2019
- Med School 101 KCU-COM | Kansas City, MO 2018 – 2019
 - Orientation Small Group Debriefs (OMSI)

COVID-19 Pandemic Response

- Curricular Delivery Planning KCU-COM | KC/Joplin, MO 2020
 - Preclinical: OMSI and OMSII
- Daily Check-in and Monitoring of Student at Risk or Positive for COVID 19 2020

Advocate

- Liaison between Contracted Resources and Student Body 2018 – Present
- Remediation Plan meetings for SPC Sub-Committee 2016 – Present
 - Work with students to debrief a course failure and make a plan for success
- OMSI Bi-monthly Focus Groups KCU-COM | KC/Joplin, MO 2021 – Present
- OMSII Bi-monthly Focus Groups KCU-COM | KC/Joplin, MO 2018 – Present
- OMSII Bi-monthly Focus Groups KCU-COM | KC, MO 2016 – 2018
- Resiliency Small Groups KCU-COM | KC/Joplin, MO 2019
 - Continue developing a robust Resiliency Small Group Series (didactics and tool kit) in conjunction with PsyD students and PsyD Program Director, follow up from research from AY1718, expand to OMSI and OMSII in KC and Joplin
 - Coordinate with Student Services a one-time Resiliency Group for all of KCU colleges/year/locations
 - Lead coordinator for research project KCU-COM | KC, MO 2017 – 2018
 - KC OMSII Cohort AY1718 bimonthly lunch discussions
 - resiliency and burnout
 - Small Groups Leader KCU-COM | KC, MO 2017 – 2018
 - KC OMSII Cohort AY1718 bimonthly lunch discussions
 - resiliency and burnout group of 5 OMSII Students
 - Resiliency (Small) Group Leader 2019 – Present
 - Voluntary/outside of KCU sponsor
 - Dr. McGowan’s Resiliency Room of Requirement
 - Continued a group of 6 – 19 people (OMSI – PGY1)
 - Started out live, became virtual with COVID-19 Pandemic
- Resiliency Speaker Series KCU-COM | KC, MO 2017
 - Organize and moderate Physician Panels for KCU students
 - Preventing Burnout and Achieving Resilience: Specialty Medicine Physician Panel (04/13/2017)
 - KCU Faculty Panel: Informal Discussion About Personal Experiences and Achieving Balance in a Career in Medicine (05/10/2017)
 - Brad Kamstra, DO, “Passion for Purpose” (09/08/2017)

Service: *Committee*

Student Success Committee, Member	KCU-COM KC/Joplin, MO	2016 – Present
Curriculum Committee	KCU-COM KC/Joplin, MO	2016 – Present
• Content Sub-Committee: Interim Chair		2020
• Content Sub-Committee: Member		2019 – Present
Faculty Senate, Member	KCU-COM KC/Joplin, MO	2016 – Present
Medical Student Candidate Interviewer	KCU-COM KC/Joplin, MO	2015 – Present
Student Progress Committee, Ex Officio	KCU-COM KC/Joplin, MO	2019 – Present
Student Progress Committee, DoCSS: Sub-committee Chair		2021 – Present
Student Progress Committee, KC Phase II Sub-committee Chair		2017 – 2021
Student Progress Committee, Member	KCU-COM KC/Joplin, MO	2017 – 2019
IM Track Candidate Interviewer	KCU-COM KC/Joplin, MO	2019
Participant: KCU: COM Conclave Semi-Annual Convention/Strategic Planning		2019
Participant: Score 1 for Health	KCU-COM KC/Joplin, MO	2019
• Strategic Planning Meeting		
Professionalism Rubric Committee	KCU-COM Kansas City, MO	2018
University Library Director, recruitment	KCU-COM Kansas City, MO	2018
CME Committee, Chair	KCU-COM Kansas City, MO	2016 – 2017
Continuing Medical Education Committee	KCU-COM Kansas City, MO	2015 – 2017
Student Wellness and Success Committee	KCU-COM Kansas City, MO	2016 – 2017
IRB Committee, Member	KCU-COM Kansas City, MO	2015 – 2017
ImproveU: Wellness Committee	KCU-COM Kansas City, MO	2015 – 2017
Human Patient Simulator Committee	KCU-COM Kansas City, MO	2015
Milestone and Assessment Committee	KCU-COM Kansas City, MO	2015
• Develop milestones to assess OMSIII students to improve Clinical Skills Success		

Service: *National*

National Academy of Osteopathic Medical Educators (NAOME)	2021 – 2026
• AACOM	
○ Fellow in Teaching and Evaluation (FNAOME): Induction 4/08/2021 (Virtual)	
Wellness Task Force	2021 – Present
• ACOI	
National Faculty	
• National Board of Osteopathic Medical Examiners Conshohocken, PA	2017 – 2020
○ COMLEX-USA Level 2-CE Practice Examination Reviewer	
○ COMLEX-USA Level 2-CE Referencing Project	
○ CATALYST 2.0 Pilot – Platinum for National Faculty	
○ COMLEX-USA Level 3 Virtual Workshop Participant	

Service: *Community*

Medical Team Lead	Kaw Prairie Community Church Lenexa, KS	2020 – Present
Medical Team	Kaw Prairie Community Church Lenexa, KS	2015 – 2020
Hospitality	Kaw Prairie Community Church Lenexa, KS	2017 – Present
Chair Tear Down	Kaw Prairie Community Church Lenexa, KS	2014 – Present
Something to Eat	Kaw Prairie Community Church Lenexa, KS	2021
Service to Strangers	Kaw Prairie Community Church Lenexa, KS	2019, 2020
Senior Citizen Holiday Card Creation	KCU Staff Senate KC, MO	2020
World Vision African Child Sponsorship		2018 – Present
WECARE Day, Project Captain (annual)	KCU-COM Kansas City, MO	2015 – 2019
o Heart to Heart International	Lenexa, KS (07/17/2019)	
o KCU Community Garden and Simulation Center	KC, MO (07/19/2018)	
o Don Bosco Center	KC, MO (07/27/2017)	
o Hope Faith Ministries	KC, MO (07/27/2016)	
o Franciscan Mission Warehouse	Independence, MO (07/29/2015)	
Queens of the Diamond Community Engagement Softball Tournament	KC, MO	2018, 2019
• Urban Youth Academy		
Focus Group	Kaw Prairie Community Church Lenexa, KS	2017
Alpha Small Group Facilitator Assistant	Kaw Prairie Community Church Lenexa, KS	2017
WILD Youth Small Group Leader	Kaw Prairie Community Church Lenexa, KS	2015 – 2016
Team World Vision	Kaw Prairie Team KC Half Marathon KC, MO	2015
Volunteer: VBS	Kaw Prairie Community Church- Lenexa, KS	2015

Teaching: *Interprofessional/Peers (Non-CME)*

Inflammatory Bowel Disease	Health Partnership Clinic Olathe, KS	2018
Rheumatology Refresher	Health Partnership Clinic Olathe, KS	2016
Institute for Learning and Advancement Faculty Development (ILA): Peer presentation		
• Effective Teaching Methods	Virtual KCU KC, MO and Joplin, MO	2021
• Best Practices: Classroom	KCU Live KC, MO, Live stream Joplin, MO	2019
• McGowan CIS Teaching Style	KCU Live KC, MO, Live stream Joplin, MO	2018

Teaching: *Students (Didactic)*

Kansas City University: COM

Lead Presenter

CIS = Clinically Integrated (Interactive) Sessions

DSA = Designated student assigned activity (Each CIS session has a DSA reading

and voice over that I developed to prepare prior to the CIS)
Small group: case-based presentation with gamification through Google platform

AY2122 [Hybrid: delivered live from campus and live Zoom feed] (~430 students/year)
Second Year (OMSII) Students KCU-COM | KC/Joplin, MO

- MED 224: Gastrointestinal II (8 hours) September 2021
 - Clinical Approach to the Gastrointestinal Patient: CIS 1
 - Clinical Approach to the Gastrointestinal Patient: CIS 2
 - Clinical Approach to the Gastrointestinal Patient: CIS 3
 - Clinical Approach to the Gastrointestinal Patient: Small Group Case 1
 - Clinical Approach to the Gastrointestinal Patient: Small Group Case 2
 - Clinical Approach to the Pancreatic and Hepatobiliary Patient: CIS 1
 - Clinical Approach to the Pancreatic and Hepatobiliary Patient: SmGr Case 1
 - Clinical Approach to the Pancreatic and Hepatobiliary Patient: CIS 2
- MED 224: Gastrointestinal II [asynchronous content] September 2021
 - Acute Infectious Diarrhea DSA: reading with recording
 - Acute Infectious Diarrhea 10 questions complete with 100% Quiz on Canvas
 - Wrote and released Clinical Practice Questions via Canvas
- MED 237: Cardiopulmonary and Renal II (1 hour) October 2021
 - Clinical Approach to the Connective Tissue Disorders and Vasculitides CIS
 - Wrote and released Clinical Practice Questions via Canvas [asynchronous]
- MED 243: Essentials of Clinical Osteopathic Skills (ECOS) III [asynchronous]
 - SOAP note expectations for CSA: Diagnosis vs Differential Diagnosis (0.5 hr)
 - CBL: Epigastric Pain: Question and Case Co-Writer Module 8 (2 hours)

AY2021 [All Virtual due to COVID-19 Pandemic] (~430 students/year)
Third Year (OMSIII) KCU-COM | Kansas City, MO

- Internal Medicine Honor Track Students (1 hour) 2020
 - “Presenting the Patient” Lecture

Second Year (OMSII) Students KCU-COM | KC/Joplin, MO

- MED 224: Gastrointestinal II (15.5 hours) September 2020
 - Clinical Approach to the Gastrointestinal Patient: CIS 1
 - Clinical Approach to the Gastrointestinal Patient: CIS 2
 - Clinical Approach to the Gastrointestinal Patient: CIS 3
 - Clinical Approach to the Gastrointestinal Patient: Small Group Cases 1
 - Clinical Approach to the Gastrointestinal Patient: Small Group Cases 2
 - Clinical Approach to a Hepatobiliary Patient CIS 1
 - Clinical Approach to a Hepatobiliary Patient CIS 2
 - Clinical Approach to a Hepatobiliary Small Group Case 1
 - Clinical Approach to a Pancreatic Patient CIS 1
 - Clinical Approach to a Pancreatic Patient CIS 2
 - Clinical Approach to a Pancreatic Patient Small Group Case 1

- MED 210: Skin, Blood, and Lymph (2 hours) August 2020
 - Approach to Connective Tissue Disorders and Vasculitides: Small Groups
 - Wrote and released Clinical Practice Questions via Canvas [asynchronous]

First Year (OMSI) Students KCU-COM | KC/Joplin, MO

- MED 130: Principles of Clinical Medicine I (1 hour each) 2020
 - Lower Respiratory Exam- Live CIS
 - Lower Respiratory Exam (Lecture and Recorded Exam)

AY1920 [Spring 2020 Emergency Remote: COVID-19 Pandemic] (~430 students/year)

Third Year (OMSI) Students KCU-COM | KC/Joplin, MO

- Internal Medicine Honor Track Students (1 hour each) 2019
 - “Presenting the Patient” Lecture
- Bioethics Master Students: Summer (Course Director Dr. Kirby Randolph) 2019
 - Hepatitis C and Difficult Conversations

Second Year (OMSII) Students KCU-COM | KC/Joplin, MO

- MED 210: Skin Blood Lymph (~2 hours) April 2020
 - Clinical Approach to Malaise and Generalized Pain
 - Emergency Remote Delivery: Recorded Asynchronous Presentation
 - Innovative: “Choose Your Own Adventure” Case PowerPoint
- MED 224: Gastrointestinal II [CIS sessions] (14.5 hours) Sept/Oct 2019
 - Clinical Approach to the Patient Presenting with Difficulty Swallowing /Painful Swallowing/(Atypical)Chest Pain
 - Clinical Approach to the Patient Presenting with "Stomach" Pain; Heartburn /Indigestion
 - Clinical Approach to the Patient Presenting with Nausea, Vomiting, "Throwing up blood"
 - Clinical Approach to the Patient Presenting with Diarrhea
 - Clinical Approach to a Patient Presenting with Dark Tarry Stools and/or Bright Red Bloody Stools
 - Patient Presenting with (RUQ/Epigastric) Abdominal Pain (Live from Joplin)
 - Patient Presenting with Fatigue and/or Unintentional Weight Loss (Live from Joplin)
 - Clinical Approach to a Patient Presenting with Yellow Skin and/or Eyes
 - Clinical Approach to the Patient with Elevated Liver Enzymes (with or without symptoms)
- MED 255: Transition to Clerkship (1 hour) 2020
 - End Stage Liver Disease: Cirrhosis Doorway Diagnosis Module
 - Nasogastric Tube module + quiz

First Year (OMSI) Students KCU-COM | KC, MO

- MED 131: Principles of Clinical Medicine II (4 hours) 2020
 - Abdominal/Renal physical diagnosis skills lab

AY1819

(~430 students/year)

Third Year (OMSIII) Students KCU-COM | KC, MO

- Internal Medicine Honor Track (~11 students) (1 hour) 2018
 - “Presenting the Patient” Lecture

Second Year (OMSII) Students KCU-COM | KC/Joplin, MO

- MED 224: Gastrointestinal II [CIS sessions] (8.5 hrs Joplin; 9.5 hrs KC) 2018
 - Disorders of the Esophagus and Stomach CIS
 - KC 09/20/18
 - Joplin 09/21/18
 - Jaundice and Biliary Disorders CIS
 - KC 09/20/18
 - Joplin 09/21/18
 - Diseases of the Liver CIS
 - KC 09/27/18
 - Joplin 09/26/18
 - Inflammatory Bowel Disease CIS
 - KC 09/25/18
 - Joplin 09/26/18
 - Small Bowel and Colon CIS
 - KC 09/27/18
 - Joplin 09/26/18
 - Pancreas Disorders CIS (12/13/2016 and 09/21/2017)
 - KC 09/20/18
 - Joplin 09/21/18
 - GI Bleeds and GI/Abd Emergencies CIS (Co-Presenter in Joplin)
 - KC 09/25/2018
- MED 222: Musculoskeletal II (1.5 hours) 2019
 - CIS: Connective Tissue Disease
- MED 230/231: Principles of Clinical Medicine III/IV (60 hrs) 2018 – 2019
 - Create and edit cases for the PCM CIS sessions (8 cases)
- MED 255: Transition to Clerkship (1 hour) 2019
 - End Stage Liver Disease: Cirrhosis Doorway Diagnosis Module
 - Nasogastric Tube module + quiz

First Year (OMSI) Students KCU-COM | KC/Joplin, MO

- MED 114: Gastrointestinal I (1 hour) 2019
 - Clinical Correlations CIS
- MED 130: Principles of Clinical Medicine I (1 hour/each) 2018
 - Lower Respiratory Exam- Live CIS
 - Lower Respiratory Exam (Lecture and Recorded Exam)

AY1718

(~430 students in OMSI [Joplin and KC] and 270 in OMSII [KC only])

Third Year (OMSIII) Students KCU-COM | KC, MO

- Internal Medicine Honor Track Students (1 hour) 2017
 - “Presenting the Patient” Lecture

Second Year (OMSII) Students KCU-COM | KC, MO

- MED 224: Gastrointestinal II (10.5 hours) September 2017
 - Disorders of the Esophagus and Stomach CIS
 - Jaundice and Biliary Disorders CIS
 - Diseases of the Liver CIS
 - Inflammatory Bowel Disease CIS
 - Small Bowel and Colon CIS
 - Pancreas Disorders CIS
 - GI Bleeds and GI/Abd Emergencies CIS
- MED 222: Musculoskeletal II (2 hours) 2018
 - CIS: Connective Tissue Disease
- MED 231: Principles of Clinical Medicine IV (1 hour) 2018
 - Adult IVF Basics; In-Patient H&P; Progress note; Discharge summary
 - [asynchronous]

First Year (OMSI) Students KCU-COM | KC/Joplin, MO

- MED 114: Gastrointestinal I (1 hour) 2018
 - Clinical Correlations CIS
- MED 130: Principles of Clinical Medicine I (1 hour each) 2017
 - Lower Respiratory Exam- Live CIS
 - Lower Respiratory Exam (Lecture and Recorded Exam)
- MED 131: Principles of Clinical Medicine II (1 hour) 2018
 - Introduction to Admission Orders

AY1617 KCU-COM | KC, MO (~270 students/year)

Third Year (OMSIII) Students

- Internal Medicine Honor Track Students (1 hour) 2017
 - “Presenting the Patient” Lecture

Second Year (OMSII) Student

- MED 224: Gastrointestinal II (13 hours) December 2016
 - Disorders of the Esophagus and Stomach CIS
 - Jaundice and Biliary Disorders CIS
 - Diseases of the Liver CIS
 - Inflammatory Bowel Disease CIS
 - Small Bowel and Colon CIS
 - Pancreas Disorders CIS
 - GI Bleeds and GI/Abd Emergencies CIS
- MED 222: Musculoskeletal II (4 hours) 2017
 - CIS: Connective Tissue Disease

Second Year (OMSII) Students

- MED 231: Principles of Clinical Medicine IV (1 hour) 2017
 - Adult IVF Basics; In-Patient H&P; Progress note; Discharge summary

First Year (OMSI) Students

- MED 114: Gastrointestinal I (1 hour) 2017
 - Clinical Correlations CIS
- MED 131: Principles of Clinical Medicine II (1 hour) 2017
 - Introduction to Admission Orders

AY1516 KCU-COM | KC, MO (~270 students/year)

Third Year (OMSIII) Students

- Internal Medicine Honor Track Students (1 hour) 2016
 - “Presenting the Patient” Lecture

Second Year (OMSII) Students

- MED 222: Musculoskeletal II (4 hours) 2016
 - CIS: Connective Tissue Disease
- MED 230/231: Principles of Clinical Medicine III/IV [asynchronous] 2015 – 2018
 - Worked with Dr. Josh Cox to initiate a differential diagnosis, presenting the patient, admission order writing session. Small groups of 12 students, followed by entire class presenting three cases. Main case writer and logistics organizer. (50 hours)

First Year (OMSI) Students

- MED 114: Gastrointestinal I (1 hour) 2016
 - Clinical Correlations CIS
- MED 131: Principles of Clinical Medicine II (1 hour) 2016
 - Introduction to Admission Orders

AY1415 KCU-COM | KC, MO (~270 students/year)

First Year (OMSI) Students

- MED 114: Gastrointestinal I (1 hour) 2015
 - Clinical Correlations CIS

Teaching: *Students (Skills-based)*

Kansas City University: COM

AY2122

Second Year (OMSII) KCU-COM | KC, MO 2021

- MED 243: Essentials of Clinical Osteopathic Skills (ECOS) III
 - Case-based learning small groups (10 hours)
 - multiple groups of 5 students
 - Structured Case Review with presenting the patient (6 hours)
 - 8 students per hour
 - High fidelity mannequin based simulation: debrief (24 hours)
 - 5-6 students per hour
 - Formative SOAP note grading (~60 notes)

AY2021 [COVID-19 Pandemic] (~430 students/year)

Third Year (OMSIII) KCU-COM | Virtual (USA)

- FMED 350: Year 3 Clinical Skills Assessment (CSA) 2021
 - CSA and OMT Project Virtual Grading 04/2021 (27 hours)

Second Year (OMSII) KCU-COM | KC/Joplin, MO (Virtual) 2020 – 2021

- MED 230/231: Principles of Clinical Medicine III/IV
 - Clinical Skills Assessment SOAP Note Grader (16 hours)
 - Virtual Reality Case Debrief: Oxford Medical (6 hours)
 - Interactive Case Session Small Group facilitator (16 hours)
 - High fidelity mannequin based simulation: debrief (32 hours)
 - 5-6 students per hour
 - Simulated Patient Encounter Debrief (12 hours)
 - 5-6 students per hour
- MED 225/226: Osteopathic Skills III/IV
 - OMM Practical Skills Assessment Grader (8 hours)
 - Case-based learning small groups (2 hours)
 - multiple groups of 5 students
- MED 255: Transition to Clerkship KCU-COM | KC, MO | In-person 2021
 - High fidelity mannequin based simulation: debrief (8 hours)
 - 5-6 students per hour
 - Procedural skills lab: task training (14 hours)
 - 3-5 students per hour
 - Intubation, IVs, OMM, suturing, lumbar puncture, tourniquet, splints
 - Simulated Rounding: presenting a case (4 hours)
 - 4-5 students per hour

First Year (OMSI) KCU-COM | KC/Joplin, MO (Virtual) 2020 – 2021

- MED 143/144: Essentials of Clinical and Osteopathic Skills I/II

- Assessment Practical Grader (2.5 hours)
- Clinical Skills Assessment SOAP Note Grader (8 hours)
- Technique Practical Grader (16 hours)
- Simulated Patient Encounter Debrief (4 hours)
 - 5-6 students per hour

AY1920 [COVID-19 Pandemic: Emergency Remote Spring 2020]

- Medical Student for a Day Faculty 2020
 - Teach High School students how to ace wrap wrists and ankles 03/5/2020

Third Year (OMSIII) KCU-COM | Virtual (USA) 2020

- FMED 350: Year 3 Clinical Skills Assessment (CSA)
 - CSA Grading (6 hours)

Third Year (OMSIII) KCU-COM | KC, MO 2019

- Year III On Campus Didactics
 - High fidelity mannequin based simulation: debrief (16 hours)
 - 2-4 students per hour

Second Year (OMSII) KCU-COM | KC/Joplin, MO (Virtual) 2020

- Oxford Medical Simulation Pilot Project: Debrief GI Case (1 hour) 20 students
- MED 255: Transition to Clerkship
 - Simulated Rounding: presenting a case (4 hours)
 - 4-5 students per hour
- MED 230/231: Principles of Clinical Medicine III/IV
 - Simulated Patient Encounter Debrief (6 hours)
 - 5-6 students per hour
 - Clinical Skills Labs (8 hours)
 - Osteopathic Integration Labs (4 hours)
 - High fidelity mannequin based simulation: debrief (13 hours)
 - 5-6 students per hour
 - Clinical Skills Assessment (CSA) Faculty Grader (24 hours)

First Year (OMSI) Students KCU-COM | KC, MO

- MED 130: Principles of Clinical Medicine I 2019
 - Practical Grading (8 hours)
 - Clinical Skills Labs (16 hours)
- MED 131: Principles of Clinical Medicine II 2020
 - Practical Grading (8 hours)
 - Clinical Skills Labs (8 hours)
- MED 125: Osteopathic Skills I 2019
 - OMM Practical Skills Assessment Grader (4 hours)

AY1819

Third Year (OMSIII) KCU-COM | Asynchronous (USA) 2018 – 2019

- FMED 350: Year 3 Clinical Skills Assessment (CSA)

- CSA Grading (18 hours)
- SOAP Note Best Practices: COMLEX PE Remediators (4 hours)
- Year III On Campus Didactics
 - High fidelity mannequin based simulation: debrief (13 hours)
 - 2-4 students per hour

Second Year (OMSII) KCU-COM | KC, MO

- MED 255: Transition to Clerkship In-person 2019
 - Clinical and Procedural skills lab: task training (8 hours)
 - 70 students per hour
- MED 230/231: Principles of Clinical Medicine III/IV 2018 – 2019
 - Clinical Skills Assessment (CSA) Faculty Grader (64 hours)
 - PCM CIS (Case-based learning, 70 students/hour) (16 hours)
 - Clinical Skills Labs (8 hours)

First Year (OMSI) Students KCU-COM | KC, MO

- MED 174: Art, Observations, and Medicine (AOM): Faculty Advisor/Debrief 2019
- MED 131/130: Principles of Clinical Medicine II/I 2018 – 2019
 - Clinical Skills Assessment (CSA) Faculty Grader (24 hours)
 - Clinical Skills Labs (55 hours)
 - Simulated Patient Encounter Debrief (16 hours)
 - 5-6 students per hour

AY1718

- SOAP Note Best Practices: COMLEX PE Remediators (4 hours) 2017

Third Year (OMSIII) KCU-COM | KC, MO

2017 – 2018

- Year III On Campus Didactics
 - High fidelity mannequin based simulation: debrief (8 hours)
 - 7 students per hour

Second Year (OMSII) KCU-COM | KC, MO

- MED 274: AOM Faculty Advisor/Debrief (4 hours) 2017
- MED 230/231: Principles of Clinical Medicine III/IV 2017 – 2018
 - Clinical Skills Assessment (CSA) Faculty Grader (79 hours)
 - Clinical Skills Labs (31 hours)
 - Simulated Patient Encounter Debrief (44 hours)
 - 8 students per hour
 - High fidelity mannequin based simulation: debrief (8 hours)
 - 7 students per hour
 - PCM CIS (Case-based learning, 70 students/hour) (8 hours)

First Year (OMSI) Students KCU-COM | KC, MO

- MED 131/130: Principles of Clinical Medicine II/I 2017 – 2018
 - Clinical Skills Assessment (CSA) Faculty Grader (18 hours)

- Clinical Skills Labs (60 hours)
- Simulated Patient Encounter Debrief (28 hours)
 - 11 students per hour
- MED 125: Osteopathic Skills I 2017
 - OMM Practical Skills: Lymphatics (2 hours)

AY1617

- Differential Diagnosis: COMLEX PE Remediators (4 hours) 2016

Third Year (OMSIII) KCU-COM | KC, MO 2016

- Year III On Campus Didactics
 - High fidelity mannequin based simulation: debrief (12 hours)
 - 7 students per hour

Second Year (OMSII) KCU-COM | KC, MO

- MED 230/231: Principles of Clinical Medicine III/IV 2016 – 2017
 - Clinical Skills Assessment (CSA) Faculty Grader (42 hours)
 - Clinical Skills Labs (18 hours)
 - Simulated Patient Encounter Debrief (16 hours)
 - 8 students per hour
 - High fidelity mannequin based simulation: debrief (20 hours)
 - 7 students per hour
 - PCM CIS (Case-based learning, 70-270 students/hour) (19 hours)
- MED 225: Osteopathic Skills III
 - Midline Cranial Bones Table Trainer (2 hours)

First Year (OMSI) Students KCU-COM | KC, MO

- MED 131/130: Principles of Clinical Medicine II/I 2016 – 2017
 - Clinical Skills Assessment (CSA) Faculty Grader (8 hours)
 - Clinical Skills Labs (65 hours)
 - Simulated Patient Encounter Debrief (40 hours)
 - 11 students per hour
- MED 126: Osteopathic Skills I 2016
 - OMM Skills Practical Skills: Innominate/Sacrum (4 hours)

AY1516

- Differential Diagnosis: COMLEX PE Remediators (8 hours) 2015 – 2016

Second Year (OMSII) KCU-COM | KC, MO 2015 – 2016

- MED 230/231: Principles of Clinical Medicine III/IV
 - Clinical Skills Assessment (CSA) Faculty Grader (22 hours)
 - Clinical Skills Labs (24 hours)
 - Simulated Patient Encounter Debrief (60 hours)
 - 1-2 students per hour
 - High fidelity mannequin based simulation: debrief (8 hours)
 - 7 students per hour

<ul style="list-style-type: none"> <ul style="list-style-type: none"> ○ PCM CIS (Case-based learning, 270 students/hour) 	(30 hours)	
<ul style="list-style-type: none"> • MED 225: Osteopathic Skills III <ul style="list-style-type: none"> ○ Midline Cranial Bones Table Trainer 	(2 hours)	
First Year (OMSI) Students	KCU-COM KC, MO	2015 – 2016
<ul style="list-style-type: none"> • Grand Rounds Faculty Feedback 	(15 hours)	
<ul style="list-style-type: none"> • MED 131/130: Principles of Clinical Medicine II/I <ul style="list-style-type: none"> ○ Clinical Skills Assessment (CSA) Faculty Grader ○ Clinical Skills Labs ○ Simulated Patient Encounter Debrief <ul style="list-style-type: none"> ▪ 1-2 students per hour 	(28 hours) (46 hours) (44 hours)	
AY1415		
OMM Fellows	KCU-COM KC, MO	2015
<ul style="list-style-type: none"> • Journal Club 	(2 hours)	
Third Year (OMSIII)	KCU-COM KC, MO	2015
<ul style="list-style-type: none"> • Year III On Campus Didactics <ul style="list-style-type: none"> ○ High fidelity mannequin based simulation: debrief <ul style="list-style-type: none"> ▪ 4 students per hour 	(8 hours)	
Second Year (OMSII)	KCU-COM KC, MO	2015
<ul style="list-style-type: none"> • MED 231: Principles of Clinical Medicine IV <ul style="list-style-type: none"> ○ Clinical Skills Assessment (CSA) Faculty Grader ○ Clinical Skills Labs • MED 226: Osteopathic Skills IV <ul style="list-style-type: none"> ○ Practical Grader ○ Lab 	(12 hours) (8 hours) (8 hours) (8 hours)	
First Year (OMSI) Students	KCU-COM KC, MO	2015
<ul style="list-style-type: none"> • Grand Rounds Faculty Feedback/Moderate • MED 131: Principles of Clinical Medicine II <ul style="list-style-type: none"> ○ Clinical Skills Assessment (CSA) Faculty Grader ○ Clinical Skills Labs ○ Simulated Patient Encounter Debrief <ul style="list-style-type: none"> ▪ 1-2 students per hour 	(20 hours) (16 hours) (3 hours) (36 hours)	

Teaching: *Students (Clinical Supervisory)*

Score 1 for Health Faculty Preceptor	KCU-COM KC, MO	2015 – Present
KCU Student Clinic Faculty Volunteer Preceptor	KC CARE Clinic KC, MO	2015 – Present
Administer Annual Influenza Vaccinations to Faculty/Staff/Students		2016 – 2019
Medical Outreach Mission Trip Faculty Preceptor: KCU GHO Dominican Republic		2018
Health Partnership Clinic	FQHC Olathe, Kansas	2015 – 2016

One Day Free Clinic	KC C.A.R.E KC, MO	2015
• Physician Volunteer/Student Supervisor		
OMM fellow clinic PRN	KCU-COM KC, MO	2015 – 2018
Sports Physicals Faculty Preceptor	KCU-COM KC, MO	2019
○ Della Lamb Elementary, sponsored by KCU Family Medicine Club		

Scholarly Activities: *Research*

Faculty Mentor	KCU-COM KC/Joplin, MO	2021
• Summer Student Research Fellowship: Faculty Mentor of SD Thomas Osterholt		
○ A systemic review of current literature to increase grit and resiliency in those training in medicine. 06/01/2021-07/23/2021		
Co-Principal Investigator		2016 – 2018
• McGowan, Jozi, DO, Robert Jason Walker, PhD, Schoen Kruse, PhD, Kathy Philips, “The use of small group interactive sessions to reduce emotional exhaustion and depersonalization, and promote a sense of personal accomplishment in osteopathic medical students at KCU-COM.” IRB approved with AACOM Mini Grant Funding Research Project. October 2017-June 2018.		
• McGowan, Jozi, DO, Andrea Hanson. “Medical Student Perception of the Educational Value of Year Two Interactive Differential Diagnosis, Order Writing, and Presenting the Patient Sessions in the Principles of Clinical Medicine Course.” IRB approved, Student survey of COM 2018. July 2016-July 2018		
Poster Judge: KCU Annual Research Day	KCU-COM Kansas City, MO	2016

Scholarly Activities: *External Funding*

AACOM Mini Grant		2017 – 2018
• McGowan, Jozi, DO, Robert Jason Walker, PhD, Schoen Kruse, PhD, Kathy Philips, “The use of small group interactive sessions to reduce emotional exhaustion and depersonalization, and promote a sense of personal accomplishment in osteopathic medical students at KCU-COM.” IRB approved. October 2017-June 2018.		

Scholarly Activities: *Presentations and Interviews*

International Association of Medical Science Educators 25 th Annual Meeting (Virtual)		2021
• Singh, Pratima MD, Jozia McGowan, DO, Rebecca Bowden, PhD, “Utilizing Google Forms for Versatile On-line Medical Education in the Era of the COVID Pandemic: A Comparison of Three Approaches” Poster Presentation. June 12-17, 2021.		

American Association of Colleges of Osteopathic Medicine (AACOM) Annual Conference

- McGowan, Jozi, DO, “Gamification of Case Based Learning: Remote Interactive Small Groups.” Live Synchronous Express Oral Presentation at American Association of Colleges of Osteopathic Medicine (AACOM) Conference, Virtual. April 20, 2021.
- McGowan, Jozi, DO, Robert Jason Walker, PhD, “Promoting Resiliency and Preventing Burnout in Future Physicians,” Oral Presentation at AACOM Conference, Washington DC. April 12, 2019.
- McGowan, Jozi, DO, “Preparing for the Clinical Years: Bringing Interactive Sessions into Second Year.” Oral Presentation. AACOM. Baltimore, MD. April 28, 2017.
- McGowan, Jozi, DO, James Dugan, PhD. “Emotional Intelligence in Medical School Education.” Oral Presentation at AACOM Conference, Washington DC. April 8, 2016.

Kansas City University Homecoming with CME Annual Conference

- McGowan, Jozi, DO, “IBD and Differential Diagnosis,” KCU Homecoming with CME Annual Conference Oral Presentation. | Kansas City, MO. September 13, 2019.
- McGowan, Jozi, DO, Kevin Hubbard, DO, James Dugan, PhD. “Emotional Intelligence and Healthcare Leadership,” KCU Homecoming with CME Annual Conference Oral Presentation. | Kansas City, MO. October 13, 2016.

Midwestern University Costin Institute for Osteopathic Medical Education

- McGowan, Jozi, DO, Robert Jason Walker, PhD, “Promoting Resiliency and Preventing Burnout in Future Physicians,” Oral Presentation at Costin to Cohort 14 and 15, Downer’s Grove/Chicago, IL. September 14, 2018.

American College of Osteopathic Internists Annual Conference (ACOI)

- McGowan, Jozi, DO. “Diabetic Ketoacidosis: The Use of a Protocol in a Community Teaching Hospital.” Resident Poster Presentation. ACOI Annual Conference, San Antonio, TX. October, 2011.

Burntout to Badass [Podcast with Dr. Errin Weisman](#)

2021

- Interviewed: my experience with burnout as a female physician/mom + a pandemic

The DO: Osteopathic.org

- Altus, Ashley, The DO: Osteopathic.org, interview with physicians including Dr. McGowan, “Specialty Soul-Searching. How to choose a medical specialty,” January 22, 2020.
 - <https://thedo.osteopathic.org/2020/01/how-to-choose-a-medical-specialty/>
- Altus, Ashley, The DO: Osteopathic.org, interview with physicians including Dr. McGowan, “The MSPE: The last part of your residency program application, explained.” June 5, 2018.
 - <https://thedo.osteopathic.org/2018/06/how-the-mspe-is-used-in-the-residency-application-process/>
- Altus, Ashley, The DO: Osteopathic.org, interview with physicians including Dr. McGowan, “7 ways to thrive during clinical rotations.” April 9, 2018.
 - <https://thedo.osteopathic.org/2018/04/7-ways-thrive-clinical-rotations/>