

The Curriculum Vitae of
Sarah H. Parrott, D.O.

Education and Training

2002-2005	Resident - The University of Kansas Medical Center Department of Family Medicine *Chief Resident 2004-2005
2002	Des Moines University-Osteopathic Medical Center Des Moines, IA Doctor of Osteopathic Medicine and Surgery
1991	The University of Kansas Lawrence, KS Bachelor of Science in Journalism (Magazine Emphasis)
1986-1988	Trinity University San Antonio, TX General Studies

Employment

7/09-Current	Assistant Professor Division of Primary Care Kansas City University College of Osteopathic Medicine, Kansas City MO
7/07 – 7/09	Volunteer Assistant Professor University of Kansas School of Medicine, Kansas City KS
7/07-5/09	Hospitalist physician Shawnee Mission Physicians Group, Merriam, KS
7/05 – 6/07	Clinical Assistant Professor University of Kansas Medical Center, Department of Family Medicine, Kansas City KS

National Service

2016	Society for Teachers of Family Medicine Conference on Medical Student Education Poster Session Judge	Phoenix, AZ
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2014	National Board of Osteopathic Medical Examiners Task Force for Clinical Skills Enhancement Activities	Conshohocken, PA
2013	National Board of Osteopathic Medical Examiners National Faculty Standard Setting Committee for Osteopathic Medicine	Conshohocken, PA

Selected Professional Development

2016	American Osteopathic Association Commission on Osteopathic College Accreditation Committee on College Accreditation Training COMs Accreditation Training Workshop Attendee	
2013-2014	The Costin Institute for Osteopathic Medical Education Downer's Grove, IL September, 2014 Graduate Costin Scholar Cohort X Project Title: "The Senior Experience: A One-Time Geriatrics Experience for First Year Osteopathic Medical Students"	
2013	Medical Education Research Certificate Conferred by Group on Educational Affairs American Association of Medical Colleges	
2011	Certificate of Completion Basic Cranial Manipulation (40 hour course) The Cranial Institute	

Certification

American Board of Family Medicine	2005-present
Advanced Cardiac Life Support	2002-present
Basic Cardiac Life Support	2002-present

Licensure

Kansas Board of Healing Arts	2005-present
Federal DEA license	2005-present
Missouri Division of Professional Registration	2009-present

Honors and Awards

2007

Student Voice Award for Excellence in Teaching 2006-2007
Department of Family Medicine Faculty Division, Univ. of KS SOM

2006	New Faculty Scholar Award 2006 Society of Teachers of Family Medicine Foundation Second Place, 2006 Resident Scholars Competition, Commission on Science of the AAFP Student Voice Award for Excellence in Teaching 2005-2006 Department of Family Medicine Faculty Division University of Kansas School of Medicine
2005	Jack C. Walker Award for Excellence in Family Medicine Family Medicine Departmental Research Award Family Medicine Departmental Teaching Award
2004	Student Voice Award for Excellence in Teaching
2003	Family Medicine Resident of the Year Providence Medical Center

Research Projects

Primary Investigator for “Mesenteric Release in Chronic Constipation”, IRB approved, work in progress

Primary Investigator for “Curriculum Development for Third and Fourth Year Medical Students: Clinical Skills Assessment in a Distributive Model”, IRB approved, work in progress

Co-Primary Investigator for “Standardization and Assessment of Feedback to Medical Students Using the One Minute Preceptor Model”

Co-Primary Investigator for “A Peer-Coaching Program Improves Residents’ Teaching Skills: RCT”

Research Funding

Parrott S, Karius DR, Talley JA. “Standardization and Assessment of Feedback to Premedical Students Using the One Minute Preceptor Model.” \$10,000 KCUMB intramural grant (2010) and \$5,000 AACOM Mini-Grant for Educational Research (2011).

Parrott S (Principal Investigator), Dobbie AE, Chumley H, Anyanike T. “A Peer Coaching Trial.” \$1500 grant for resident research funded by AAFP Foundation, awarded upon project completion in 2005.

Publications

Book Chapters

1. **Parrott, S.** (2016). Prepubescent Vulvovaginitis. In Domino FJ (Ed.), *The 5-Minute Clinical Consult 2017*, Philadelphia: Wolters Kluwer.
2. **Parrott, S.** 2015. Transient Ischemic Attacks. In P. Paulman, A. Paulman, K. Jarzynka and N. Falk (Eds.) *Taylor's Manual of Family Medicine, Fourth Edition*. Philadelphia: Lippincott, Williams and Wilkins.
3. McDonald, M., **Parrott, S.** 2007. Urinary Incontinence. In P. Paulman, A. Paulman J. Harrison (Eds.) *Taylor's Manual of Family Medicine*, pp 458-60. Philadelphia: Lippincott, Williams and Wilkins.
4. **Parrott, S.** 2007 Transient Ischemic Attacks. In P. Paulman, A. Paulman & J. Harrison (Eds.) *Taylor's Manual of Family Medicine*. pp 227-8. Philadelphia: Lippincott, Williams and Wilkins.

Peer Reviewed Journals

1. **Parrott S**, Dobbie AE, Tysinger J, Chumley H. 2006. Evidence-Based Office Teaching: The One-Minute Preceptor Model. *Fam Med* 38(3):164-7.
2. **Parrott S**, Dobbie AE, Chumley H. 2006. Peer Coaching Shows Promise for Residents as Teachers. Letter to the Editor. *Fam Med* 38(4): 234-5.

e-Publications

1. **Parrott, S.** 2011. "Striking the Right Note with Your Staff." *Physician Practice PEARLS* (epub 4/27/11), <http://www.physicianspractice.com/pearls/content/article/1462168/1851748>
2. **Parrott, S.** "Finding Your Dream Job." *Physicians Practice PEARLS* (epub 11/19/09), <http://www.physicianspractice.com/index/fuseaction/newsletterArticles.view/articleID/113.htm>
- Parrott, S.** 2009. Overcoming the Challenges of Being a Female Physician. *Physicians Practice PEARLS* (epub 04/30/09) <http://www.physicianspractice.com/index/fuseaction/newsletterArticles.view/articleID/84.htm>
3. **Parrott, S.** 2009. Dousing the Flames of Anger." *Physicians Practice PEARLS* (epub 02/05/09), <http://www.physicianspractice.com/index/fuseaction/newsletterArticles.view/articleID/72.htm>

Presentations

National

2013

Parrott S, Benge C, McClain EK, Moller DW. 2013. A Bioethics OSCE Elective Increased Student Perception of Value in Bioethics Education, presented at the Association for Standardized Patient Educators Annual Conference, Atlanta GA (June).

Parrott S, Karius DR, Talley JA, Wasserman JA, Hanson A, Colyer KY. 2013. Use of the 'One Minute Preceptor' Feedback Method for Preclinical Medical Students Following Human Patient Simulator Lab Experience, presented at the American Association of College of Osteopathic Medicine Annual Conference, Baltimore MD (April).

2012

Parrott S, Karius DR, Talley JA, Childs J. 2012. Use of the 'One Minute Preceptor' Feedback Method for Preclinical Medical Students Following Human Patient Simulator Lab Experience: Work in Progress, American Association of College of Osteopathic Medicine Annual Conference, Washington DC (March).

Parrott S, Cole, MS. 2012. What We Learned During Development and Implementation of a Community Preceptor Faculty Development Program, presented at the 38th Annual Conference on Medical Student Education, Society for Teachers of Family Medicine, Long Beach CA (Feb).

2011

Parrott S, Karius DR, Talley JA, Childs JA. 2011. Use of the 'One Minute Preceptor' Feedback Method for Preclinical Medical Students Following Human Patient Simulator Lab Experience, presented at the Annual International Conference of the Society for Simulation in Healthcare, New Orleans LA (Feb).

Parrott, S, Childs, JA. 2011. Can The One Minute Preceptor Model Be Useful In Preclinical Medical Education? Presented at the Annual Conference on Medical Student Education, Society for Teachers of Family Medicine, Houston TX (Jan).

2005

Parrott S, Dobbie AE, Chumley H. 2005. Can a Peer-Coaching Program Produce Improvement in Residents' Clinical Teaching Skills? Presented at the National Conference of Family Medicine Residents and Medical Students, American Academy of Family Physicians Kansas City MO (July).

Parrott S, Dobbie AE, Chumley H. 2005. Can a Peer-Coaching Program Produce Improvement in Residents' Clinical Teaching Skills? Presented at the Annual Spring Conference, Society of Teachers of Family Medicine, New Orleans LA (May).

Regional

2014

Parrott, S. 2014. Approaching the Renal Patient with Cultural Competence, presented at the National Kidney Foundation's Primary Care Strategies for Kidney Disease, Kansas City, MO

2012

Parrott, S. 2012. Maintaining Caring Attitudes in the Era of Moral Distress, presented at the KCUMB Inaugural Bioethics, Spirituality and Humanism in Medicine Conference, Kansas City MO (June)

2011

Parrott, S. 2011. “Utilizing the One Minute Preceptor Model in Clinical Teaching, presented at the KCUMB Winter CME Program Kansas City MO (Dec).

Parrott, S. 2011. Review of AHA/ASA Secondary Stroke Prevention Guidelines, presented at the KCUMB Homecoming CME Program, Kansas City MO (Sept).

2010

Parrott, S. 2010. Adoption: What A Physician Needs to Know, presented at the KCUMB Homecoming CME Program, Kansas City MO (Sept)

2009

Parrott, S. 2009. EMR Implementation: Lessons Learned, presented at the KCUMB Winter CME Program, Kansas City MO (Dec).

Davis, M., Lasalle, J., Seibert, C., **Parrott, S.** 2009. Electronic Medical Records for Your Practice Solutions Staff, presented at the KCUMB Homecoming CME Program, Kansas City MO (Sept).

2008

Parrott, S. 2008. When Your Patient is a Health-Care Provider: Special Considerations, presented at the Kansas Occupational Therapy Association spring meeting, Merriam KS.

2005.

Parrott, S. 2005. Working with Medical Students in a Clinical Setting, presented at the Annual Family Medicine Spring Symposium, KUMC-Wichita SOM, Wichita KS (April).

Local

2012

Parrott, S. 2012. The Computer Versus the Patient: When the Elephant in the Room has a Mouse, presented at the Annual Medical Staff Meeting, Olathe Medical Center, Olathe KS (June).

KCU Service

2016-Current	Elected Faculty Representative, Faculty Senate
2016-Current	Member, Institutional Review Board
2016-Current	Member, Search Committee for Dean of COM
2016-Current	Chairperson, Betty Jo White Prize for Osteopathy Selection Committee
2016-Current	Member, Gold Humanism Award Selection Committee
2016-Current	Betty Jo White Prize for Research Selection Committee
2015-Current	Member, Admissions Committee, (Chairperson 2016-2017)
2015-Current	Member, Rank and Promotion Committee

2015-Current	Member, Honors and Awards Committee
2014-Current	Member, DO Student of the Year Selection Committee
2014-Current	Member, Student Success Team
2015-2016	Participated in Medical Student for a Day, Diagnostic Instruments Session
2015	Discussed Family Medicine as a Career Choice for ACOFP Meeting
2015	At request of Dr. Pam Thomas in the anatomy department, attended first day of cadaver lab to be resource for students having emotional reaction to experience
2014	Supervising clinician at ACOFP Sports Physical Clinic held at Della Lamb
2014-Current	Faculty Advisor for Osteopera club
2010-Current	Faculty Advisor for Medical Students for Choice KCU Chapter
2009-Current	SCORE1 for Health, supervising physician
2009-Current	Member, Faculty Senate
2014-2015	Student Performance Committee (chairperson)
2013-2015	Educational Technology Group (formerly iPad Power Users)
2012-2014	CME Participant Evaluations Development Subcommittee
2012-2013	Bioethics Advisory Board
2011-2013	Medical Education Research Cluster
2011	Search Committee for Vice President of Research, KCUMB
2010-2013	Appeals Committee (ex-officio)
2010-2012	Compendium for Osteopathic Academic and Community Hospitals (COACH)
2009-2013	Admissions Committee
2009-2013	Admission Application Review Subcommittee
2009-2014	Continuing Medical Education Committee
2009-2014	Promotion and Graduation Committee (chair, 2010-2014)
2009-Current	Advising COM Students <ul style="list-style-type: none"> • COM 2013 (8 students) • COM 2014 (8 students) • COM 2015 (8 students) • COM 2016 (8 students) • COM 2017 (8 students) • COM 2018 (13 students) • COM 2019 (21 students) • COM 2020 (23 students)

Clinical Experience at KCUMB

2016-Current	KC Cares Clinic – Prospect Campus Primary Care Provider – 1 day per week
2013-2015	Samuel U. Rodgers Health Care Adult Medicine Provider – Downtown and Liberty campuses 1-2 days per week
2009-2013	KCUMB Physician Associates Multispecialty Clinic Family Medicine Provider – 1-3 days per week

Teaching Experience

- 2010-2016 Kansas City University of Medicine and Biosciences College of Osteopathic Medicine
Responsible for creation and delivery of all aspects of communications curriculum in the Osteopathic Clinical Skills courses and now the Principles of Clinical Medicine Courses.
- 2015-2016 Kansas City University College of Osteopathic Medicine, Lectures and Labs
- SOAP Note Refresher
 - Eye Examination Competency Lecture/Lab
 - Introduction to PCM
 - Introduction to Instruments Competency Lecture
 - Interview Basics 1 Lecture
 - Interview Basics 2 Lecture and Lab
 - Interview Basics 3 Lecture and Lab
 - Temporomandibular Joint Dysfunction Lecture/Lab
 - Capacity and Consent
 - Introduction to Full Examination
 - Upper Respiratory Exam Competency Lecture/Lab
 - Well Patient History and Exam Lecture and Lab
 - Abdominal Exam Lecture (supervised fellow who delivered lecture)
 - Abdominal Exam Competency Lab
 - Counseling for Behavior Change Lecture and Lab
 - Introduction to Physical Exam for the Endocrine Patient
 - Introduction to Electronic Health Record
 - Midterm Clinical Skills Assessment Preparation Lecture and Lab
 - End of Year One Clinical Skills Assessment Preparation Lecture
 - PCM 1 and 2 Standardized Patient Review Sessions (active small group teaching for four hours each afternoon)
 - PCM 1 and 2 Competency Sessions (active small group teaching for four hours each): Intro to Instruments, Postures and Planes, Obtaining Vital Signs, Knee Exam, Elbow/Wrist/Hand Exam, Upper Respiratory Exam, Cardiovascular Exam, Lower Respiratory Exam, Abdominal Exam
 - PCM 3 and 4 Standardized Patient Review Sessions (active small group teaching for four hours each afternoon scheduled)
 - PCM 3 and 4 Competency Sessions (active small group teaching for four hours each afternoon scheduled)
 - PCM 3 and 4 Human Patient Simulator Sessions (active small group teaching for four hours each afternoon scheduled)
 - Year 3 KC Core Region Human Patient Simulator Sessions (active small group teaching for four hours each afternoon scheduled)

2014-2015	<p>Kansas City University College of Osteopathic Medicine, Lectures and Labs</p> <ul style="list-style-type: none">• Introduction to Principles of Clinical Medicine• Interview Basics 1• Interview Basics 2 Lab• Interview Basics 3• Abdominal Examination• Gastrointestinal Case Presentation• The Well-Person Visit (for year 1 and year 2 students)• Interview and Examination of the Endocrine Patient• SOAP Note Refresher• Presenting the Patient• Introduction to Electronic Medical Record• Ethical Issues in Adoption (presented by invitation to enrollees in bioethics certificate program)• PCM 1 and 2 Standardized Patient Review Sessions (active small group teaching for four hours each afternoon)• PCM 1 and 2 Competency Sessions (active small group teaching for four hours each): Intro to Instruments, Postures and Planes, Obtaining Vital Signs, Knee Exam, Elbow/Wrist/Hand Exam, Upper Respiratory Exam, Cardiovascular Exam, Lower Respiratory Exam, Abdominal Exam, Physical Exam Improvement Labs)• OCS 3 and 4 Standardized Patient Review Sessions (active small group teaching for four hours each afternoon scheduled)• OCS 3 and 4 Human Patient Simulator Sessions (active small group teaching for four hours each afternoon scheduled)• Year 3 KC Core Region Human Patient Simulator Sessions (active small group teaching for four hours each afternoon scheduled)
2013-2014	<p>Kansas City University of Medicine and Biosciences, College of Osteopathic Medicine Lectures and Labs</p> <ul style="list-style-type: none">• Introduction to Osteopathic Clinical Skills- Communications• Building Rapport• Obtaining the Patient History – Part 1• Obtaining the Patient History – Part 2• Documentation of the Physical Exam• Special Considerations in Communications• Examination of the Lower Respiratory System (lecture and lab)• The SOAP Note• Smoking Cessation• SOAP Note Refresher• Presenting the Patient• Eye Exam (lecture and lab)• Cultural Competence (lecture and lab)• Introduction to Electronic Medical Record

- Foley Catheter Lab
- OCS 1, 2, 3 and 4 Standardized Patient Review Sessions (active small group teaching for four hours each afternoon):
- OCS 1, 2, 3 and 4 Human Patient Simulator Sessions (active small group teaching for four hours each afternoon scheduled)
- Year 3 KC Core Region Human Patient Simulator Sessions (active small group teaching for four hours each afternoon scheduled)

2012-2013

Kansas City University of Medicine and Biosciences, College of Osteopathic Medicine, Lectures and Labs

- Introduction to History Taking
- Building Rapport
- Paired Cranial Bones
- Obtaining Social History
- PMH/PSH/FH
- Documentation of the Physical Examination
- Professionalism in Communications
- The SOAP Note
- Presenting the Patient
- Well Patient
- Adoption
- CSA Overview
- OCS 1, 2, 3 and 4 Standardized Patient Review Sessions (active small group teaching for four hours each afternoon):
- OCS 1, 2, 3 and 4 Human Patient Simulator Sessions (active small group teaching for four hours each afternoon scheduled)
- Year 3 KC Core Region Human Patient Simulator Sessions (active small group teaching for four hours each afternoon scheduled)

2011-2012

Kansas City University of Medicine and Biosciences, College of Osteopathic Medicine, Lectures and Labs

- Simulated Patient Presentations
- The SOAP Note/History & Physical
- Introduction to History Taking
- Building Rapport
- PMH/PSH/FH
- Obtaining Social History
- Documentation of Physical Examination
- Admission Orders
- Presenting the Patient
- SOAP Note
- Spirituality Self-Help for Physicians
- Well Patient

- Adoption
- CSA Overview
- Hospital 101
- Microbial Causes & Urinary Tract Infections in Adults
- OCS 1, 2, 3 and 4 Standardized Patient Review Sessions (active small group teaching for four hours each afternoon):
- OCS 1, 2, 3 and 4 Human Patient Simulator Sessions (active small group teaching for four hours each afternoon scheduled)
- Year 3 KC Core Region Human Patient Simulator Sessions (active small group teaching for four hours each afternoon scheduled)

2010-2011

Kansas City University of Medicine and Biosciences, College of Osteopathic Medicine, Lectures and Labs

- The SOAP Note/History & Physical
- Spirituality Self-Help for Physicians
- Introduction to History Taking
- Introduction to SOAP Note
- The Patient as a Person
- Bio-Psycho-Social Interview
- Mental Status Exam
- Review of Symptoms, Physical Examination and Summary/Closure
- Putting it all Together
- Admission Orders
- Adoption
- Hospital 101
- Microbial Causes & Urinary Tract Infections in Adults
- OCS 1, 2, 3 and 4 Standardized Patient Review Sessions (active small group teaching for four hours each afternoon):
- OCS 1, 2, 3 and 4 Human Patient Simulator Sessions (active small group teaching for four hours each afternoon scheduled)

2009-2010

Kansas City University of Medicine and Biosciences, College of Osteopathic Medicine, Lectures and Labs

- Cognitive Evaluation Skills
- Nausea and Vomiting
- Adoption
- The Breast: Normal & Abnormal Exam
- The Breast: Lactation & Breastfeeding
- Osteopathic Clinical Skills 1, 2, 3 and 4: Lab sessions (small group teaching for standardized patient encounters, exam skills and osteopathic manipulative treatment)

2005-2007

Kansas University Medical Center, Kansas City KS
Third Year Medical Students

- Upper Respiratory Infections (every 6 weeks for MSIII)

Second Year Family Medicine Resident Orientation

- Introduction to Osteopathic Medicine for the Allopathic Physician

Family Medicine Resident Core Lecture Series

- Answering Your Own Clinical Questions
- Contraception
- Upper Respiratory Infections
- Depression in Pregnancy

Family Medicine Sub-Interns Workshop

- The One Minute Preceptor

Pediatric Grand Rounds

- The One Minute Preceptor – Pediatric Grand Rounds

International Student Seminars

- Recommended Preventive Care for Women in the USA
- Health Care Services for Women (with L. Ranall)
- Staying Healthy in Winter (with J. Shaw, A. Cordell)

All Faculty Development Workshop

- The One Minute Preceptor (with A.E. Dobbie, J. Freeman)